

SMOKED DUCK PANCAKES

Serves 4 - A twist on the takeaway classic



Ingredients

400ml milk 125g buckwheat flour 40g gram flour 1 tbsp cornflour Pinch of Halen Môn Sea Salt 400g Smoked Duck Breasts – sliced thinly ½ tsp Chinese five-spice powder 2 tbsp light sesame oil ½ tsp freshly ground black pepper 1 bunch of spring onions – finely sliced ½ cucumber – sliced into thin batons Hoisin sauce – to serve

Whisk together the milk, flours, salt and 65ml/2¼fl oz water in a large bowl. Leave the mixture to rest for at least 1 hour.

Heat a 20-25cm/8-10in non-stick frying pan over a medium heat until hot. Brush lightly with oil and pour in a little of the batter, swirling it around so that it forms a thin layer on the bottom of the pan. If the batter isn't thin enough you can add a little more liquid to the mixture.

When the top of the pancake is dry (about 1 minute) flip the pancake and cook the other side for a further minute, the pancakes should colour just slightly.Repeat with the remaining batter. You can keep the cooked pancakes warm by wrapping in foil and placing in a low temperature oven.

Toss the duck slices in the five-spice and pepper. Gently heat the sesame oil in a frying pan or a wok and add the duck. Stir-fry for a couple of minutes until heated through.

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